

Skis 'n' Boots – the things you should know....

Selecting Season Rental Equipment and Sizing

What ski would suit me best?

Our recreational skis would suit the advanced beginner through to the intermediate skier.

Our performance ski range is targeted towards the mid-upper intermediate skier looking to progress their ability levels this winter.

What length ski would suit me best?

As a general rule – carving skis are designed to be shorter than your height. The running line of the ski (where the ski tip leaves the snow) should be approximately between your shoulder and your chin. As a rule of thumb, removing 20cm from your height will give you your approximate ski length if you are an advanced beginner (you've had a few lessons and are comfortable on all green runs and some blue runs). E.g. If you are 165cm tall, a 145cm ski would suit you best. For intermediate skiers (happy on all blue runs and some black runs), take 10-15 off your height and you have your approximate ski length. E.g. If you are 165cm tall, a 150-155cm ski would suit you. For advanced intermediate, take about 10 cm off your height. E.g. If you are 165cm tall, a 155cm ski would suit you.

Season Rental Ski Length Guide									
		Recreational Junior / Youth Skis							
Youth / Junior									
Weight (kg)	Height (cm)	80	90	100	110	120	130		
≤42kg	87-96	<input type="checkbox"/>	<input type="checkbox"/>						
	97-106		<input type="checkbox"/>	<input type="checkbox"/>					
	107-116			<input type="checkbox"/>	<input type="checkbox"/>				
	117-126				<input type="checkbox"/>	<input type="checkbox"/>			
	127-138					<input type="checkbox"/>	<input type="checkbox"/>		
	139-148						<input type="checkbox"/>		
42-48	≤148						<input type="checkbox"/>		
49-57	149-157							<input type="checkbox"/>	

NOTE:
 Adult Ski boots are available from 23.5cm (UK4) upwards to 31.5cm (UK12). Youthski boots are available from 18cm (UK11jnr) up to 24.5cm (UK5). We recommend a youth boot for people weighing 42kg or less. Junior ski boots are 16cm (UK9jnr) - 17.5cm (UK10jnr).
 Adult recreation and performance skis are recommended for those who weigh 45kg or more, so if you are considering whether to hire youth or adult skis simply check the renter's weight.

		Advanced Beginner				Intermediate					Advanced Intermediate			
		For the advanced beginner we have our recreational skis.				If you are an adult intermediate skier looking to extend yourself this season, then you may wish to consider our performance ski. Note performance skis start at 147cm.					For the Adult advanced intermediate skier we would highly recommend our performance range of skis.			
Adult														
Weight (kg)	Height (cm)	140	150	160	170	140	150	160	170	180	150	160	170	180
45-48	≤148	<input type="checkbox"/>	N/A	N/A	N/A	<input type="checkbox"/>	N/A	N/A	N/A	N/A	<input type="checkbox"/>	N/A	N/A	N/A
49-57	149-157	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A
58-66	158-166	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	N/A
67-78	167-178	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
≥79	≥179	N/A	N/A	N/A	<input type="checkbox"/>	N/A	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>	N/A	N/A	<input type="checkbox"/>	<input type="checkbox"/>

Examples for a skier with the following weight, height and ability factors:
 Weight - 51kg, height - 153cm, ability - advanced beginner = 140 cm ski
 Weight - 51kg, height - 156cm, ability - advanced beginner = 140 cm ski
 Weight - 56kg, height - 157cm, ability - intermediate = 147 cm ski
 Weight - 56kg, height - 152cm, ability - advanced intermediate = 144 cm ski
 If you are a skier who's skiing style is short, tight turns then you might consider reducing the length of your skis.
 If you are a skier who's style is to ski fast, wide turns then you might like to consider going up one size.

What ski boot will suit me best?

Each person's feet are different, simply draw around your foot with your sock on and measure – add 0.5 - 1cm and **write this in the boot size section**. However we still recommend that you come in and be fitted by one of our team before you take them away.

Ski Boots equal to or below UK adult size 5 (actual foot length 24.5cm) are designed to fit children's feet and legs, and are constructed narrower and lighter as a result. They are also recommended for people 42kg and less.

There are significant strength, structural and fit differences between an adult and junior/youth boot, i.e. width (last), external toe and heel configuration and ankle/calf moldings. These design features change with size to allow for the different shape of an adult / teen foot and the greater support / strength that is required to cope with the increase in stresses as the boot size increases.

What length ski pole is right for me?

Your height (cm)	≤116	117-126,	127-138	139-148	149-157	158-166	167-178	≥179
Pole Length (cm)	70	80	90	100	110	115	120	130

Skiing ability

What determines my ability level?

There are a number of factors that determine your ability level, although where you prefer to ski is the easiest factor to look at.

As a general rule of thumb, if you have taken ski lessons and have skied at least 10 times, are comfortable on all green runs and are starting to ride blue, then you are an advanced beginner.

An intermediate level skier would be looking to ski blue runs.

An advanced intermediate skier would be looking to ski steeper blue runs and black runs and beyond.

Why is my skiing ability important?

Your ability level helps us to determine the release setting (DIN) of your ski binding and the correct length for your skis.

A beginner would have a less aggressive release setting than an intermediate or advanced skier. The more advanced you become, generally the higher the setting.

The factors that determine your release settings are: Ability, height, weight, boot sole length and age.

Availability & Payment

When will equipment be available?

Whakapapa/Taupo 3 June – 23 October 2017, Turoa/Ohakune 1 July - 23 October 2017

Appointments are required for fittings.

Once a Season Flexi Rental application has been completed, please book a fitting via seasonrental@mtruapehu.com. We will fit you with the most suitable equipment and you will be ready to go. The fitted sizes will be kept in a database so that any of RAL's rental stores can prepare the correct equipment for collection. Collection during the season can be booked, by 4pm the day before, via seasonrental@mtruapehu.com, and the equipment will be prepared for you at the location of your choice.

Can I pick up from Turoa Ski Field?

Yes, please see dates above. Equipment can be fitted and collected from any of our 4 locations. See above for booking requirements.

When do I have to pay for the equipment?

The equipment is to be paid for in advance for the season. This payment can be made at the time of fitting.

Can I pay by other means than a credit card?

Yes, Cash or Eftpos is also accepted along with proof of ID (Driver's license/Season or Life Pass/Student ID)

Can I change my equipment after I have rented?

You may change your equipment if the fit is not correct. You may also switch from SB to Ski or Ski to SB once during the season.

Can I get a refund if I do not use the equipment due to injury etc?

Refunds may be considered on a case to case basis and is subject to discretion of the Season Rental Coordinator.

Contact Information

For further information please contact:

Season Rental Coordinator

Whakapapa Ski Area

Private Bag 71902

Bruce Rd

Mt Ruapehu 3951

seasonrental@mtruapehu.com

Phone: (07) 892 4000 Ext: 7836

Fax: (07) 892 3732

www.MtRuapehu.com