



EAP IS ONLY
— *for work-related* —
PROBLEMS.

TRUE OR FALSE

FALSE.

EAP offers you and your loved ones support,
information and referrals for many of your personal needs.

Find out what this benefit can do for you. We can help you and your family members with day-to-day challenges, major life changes, and anything in between.

Call us to access a wide range of assistance:

- Family problems
- Childcare resources
- Help with relationships
- Financial and legal services
- Caring for aging parents
- Sudden lifestyle changes

As part of your benefits, some services are available at no extra cost. This includes referrals, seeing in-network clinicians and initial consultations with mediators or financial and legal experts

Want to retain a lawyer after your consultation? You'll get a 25 percent discount.

Access to liveandworkwell.com is always free. For more information, please refer to your employer-provided benefit information.

24-hour online access is also available at liveandworkwell.com.

You and your family can also go online any time to:

- Check benefit information
- Submit online service requests
- Search the online clinician directory
- Use our virtual help centers to find information and resources for hundreds of everyday work and life issues
- Participate in interactive, customizable self-improvement programs

All records are kept confidential in accordance with federal and state laws.

Find a better balance between your work life and your home life — so you can enjoy life.

Real people. Real life. Real solutions.

Your Employee Assistance Program

844-386-7358

Or log on to liveandworkwell.com

Access code: Eagle

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. This program and its components may not be available in all states and coverage exclusions may apply.