



3 "S" STRATEGY

STORY: (Be sure to get in the right state of mind for this exercise...use the Moment on Fire technique)

List the significant milestones in your story since you were a child. Look for areas where your past challenges could be your greatest opportunities. You can also draw a timeline and write out your significant events.

STANCE:

What are you taking a stand for? What pisses you off? What's the movement that you're starting? What are you called to do?



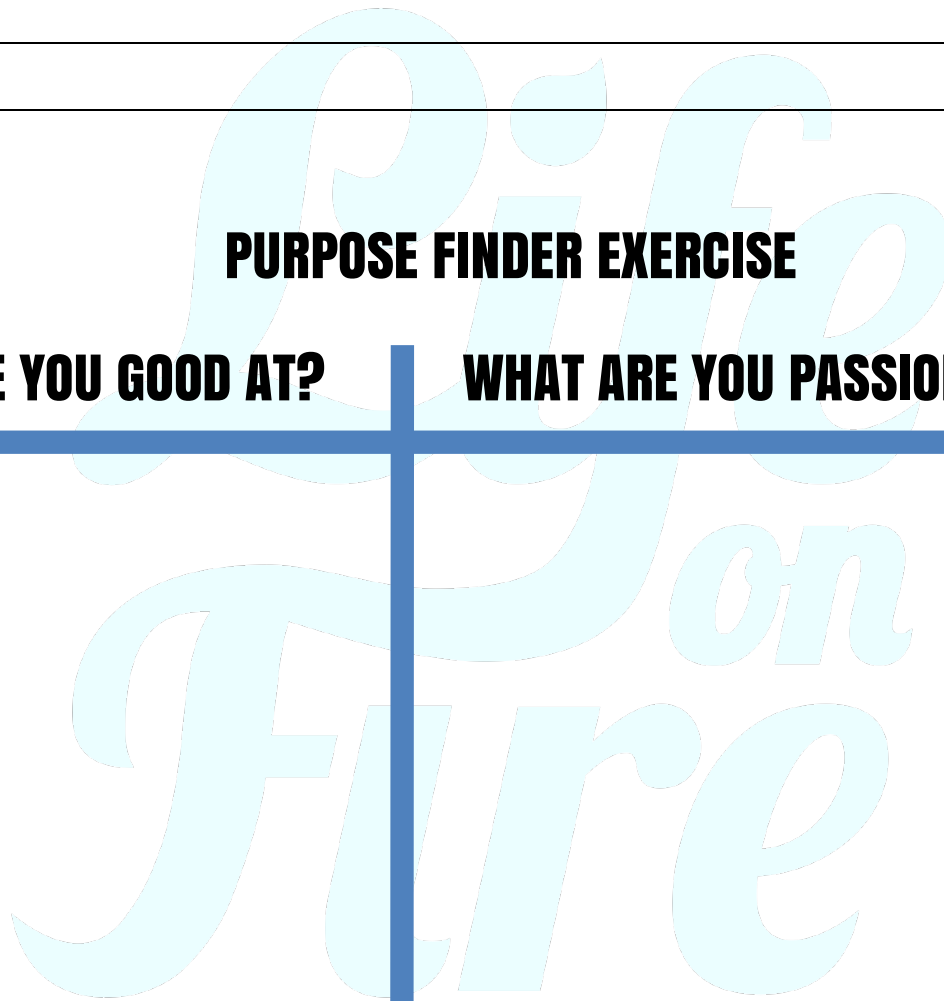
STRATEGY:

What could you do moving forward to live out your purpose?

PURPOSE FINDER EXERCISE

WHAT ARE YOU GOOD AT?

WHAT ARE YOU PASSIONATE ABOUT?





MODELING

Who has a life or business that you want?

Example: I in 2010, my stance was that I wanted to find a better way for small businesses to get customers so I learned Facebook advertising and modeled Mari Smith. In 2013 my stance and mission was to become a business coach so I hired a business coach and modeled exactly what she did. In 2016 my purpose is to help you find yours and I'm modeling after Tony Robbins & Life is Good.

LOTTERY STRATEGY

What would you do if money were no object?

Assume you literally won \$100 billion dollars and you've already traveled the world and given to others. Where would you spend your time? What would you do? What would give your life meaning and purpose?



6-MONTH VISION

WHAT DO YOU WANT?

- Write out 3 personal and 3 professional goals that you WILL achieve in 6 months

- Nick’s example for personal:
 - Long long term vision: Happy healthy family with 2+ kids
 - 6-month vision
 - Healthy baby
 - Lose 30 lbs
 - Epic marriage

- Nick’s example for professional:
 - Long long term vision: #1 personal development company in the world...give \$1million+ per year away
 - 6 month vision:
 - Launch the Life on Fire Challenge and with over 300 people
 - Find a Coaching Director
 - Create more success stories than ever before

WHY DO YOU WANT THEM?

Identify what you want, then write out “why” you want it. You want to get to the emotional root. This will create more leverage to go out and achieve it.

Write out what you want and why you want it, GO! (“Don’t overthink...just do!”)

Life
on
Fire



"IF YOU BELIEVE YOU CAN...YOU CAN!"

"YOU CAN LITERALLY DO ANYTHING YOU PUT YOUR MIND TO!"