



ONETASTE

## Coaching and Leadership Training Program

## **Our Philosophy**

What would happen if we rebuilt Orgasm from the ground up but this time included consciousness?

The same way that we have been moving from processed to whole foods, from mere fitness to yoga, Orgasmic Meditation® (OM) ushers Orgasm out of the dark, from the shameful and often consumptive places where it used to be, and into the light.

To date, we have been squandering one of our most powerful resources. We have been using it haphazardly, recreationally, to blow off steam when, if channeled correctly, it could be used to light up the entire power grid of connection. Here we can have experiences that foster our growth and well-being.

We take the most powerful human impulse, the Orgasm Impulse, and approach it in an entirely new way. OM is a practice through which we can harness this power — a deliberate, repeatable method for accessing the Orgasm State. Orgasm—capital “O”—is so, so much more than the brief, fleeting climax we have been taught to think of it as.

There's an important distinction worth making here: OM differentiates between climax and the Orgasm State. Climax is a few seconds of experience, whereas the Orgasm State is continuous. It's that feeling of being so completely absorbed in an experience that there is no mental chatter, no being “stuck in your head”; a falling away of the ego. When this happens, our sense of limitations falls away as well. In the Orgasm State, we feel totally present and connected, as if a deeper intuitive sense has awakened. The Orgasm State occurs in the practice of OM and it has cumulative positive effects that carry over into everyday life.

## **Program Overview**

What would happen if we rebuilt coaching from the ground up but this time included Orgasm?

In an innovative educational experience unlike any other, gain the insight, power, and skill to guide people into an Orgasmic life - where connection, ignition, and TurnON become their fundamental orientation to the world.

The OneTaste® Coaching and Leadership Training Program (CP) is a 7-month training in bringing the practice and teachings of Orgasmic Meditation® to the world. Join a cohort of dedicated students (and previous Program grads) to delve deep into the philosophy and practice of OM... and everything that goes with it. Classes, practice, peer coaching, and expert guidance form the basis of a deeply transformative experience.

- Learn the fundamentals of the OM technique and how to teach it as a step-by-step process
- Bring Orgasmic Meditation® to your community as a OneTaste® Certified Coach and OM Trainer
- Understand and embody the philosophy of an OM-based life and how clients can apply what they learn in their practice to their sex, relationships, purpose and more (while practicing it yourself!)
- Develop practical coaching skills that will guide your clients to deeper openings in their lives (and in your own life)
- Train in leading the games of TurnON and how to create an event in your community
- Gain competency in Orgasmic Sales and marketing to make your coaching business thrive
- Cultivate your own practices as sources of power and stability upon which to build your coaching business and keep yourself present and leaned into life

- Experience unparalleled personal transformation through an engaging course curriculum designed to reveal each participant's specific blueprint – what's under your cultural conditioning around sex, money, and power?
- Experience integration of the seemingly disparate aspects of self - light/dark aspects etc.

## **Curriculum**

Coaching and Leadership Training Program students come from all walks of life. From doctors to tech professionals to lawyers to existing coaches to students to bankers to retirees to teachers to stage actors and actresses to former race car drivers to flight attendants, the list goes on. We know you might have a lot going on which is why the resources and the connection offered by the program are designed to fit well into your life. All in-person and tele-sessions are live streamed and recorded for your offline viewing convenience in case you miss one. Expect a call or two a week.

Staple curriculum includes but is not limited to:

- Basic Desire-based Coaching and OM Training Skill set
- Orgasmic Sales training including sales event training
- Foundations of Orgasm based life
- Communication
- Training in masculine/feminine and inclusive gender dynamics
- Relationship as Practice
- Orgasm as a Reconciliation modality
- Limbic connection
- Personal Boundaries
- Triggers of the Orgasm State and the Laws of Orgasm
- Coaching for Wake Up
- Reflective Listening

- Content brought by our carefully selected team of guest teachers and experts

We are a constantly evolving company and culture. The curriculum of the Coaching Program is subject to change and enhancement.

### **Certification**

Participants have the opportunity to certify as OneTaste® Certified Coaches and OM Trainers.

The practice hours requirements for certification are:

75 coaching hours (not sessions)

25 OM training sessions

If you desire to teach OneTaste® material in a classroom context, such as The Intro to OM Course, teacher certification is required and not included. The Coaching and Leadership Training Program is a prerequisite for any teaching certification.

### **Upcoming Program Location + Dates**

#### **CP14 - Summer 2017\***

The 14th Coaching and Leadership Training Program will take place in London, UK. Exact venue TBA. This is our first program in Europe!

August 3 - 6 (the evening of the 3rd is an opening reception)

September 1 - 3

October 6 - 8

November 3 - 5

December 1 - 3

January 5 - 7

February 2 - 4 (Graduation weekend)

\*In conjunction with its wholly owned European subsidiary Powerllghts Incorporated Limited

### **CP15 - Winter 2017 - 2018**

The 15th Coaching and Leadership Training Program will take place in New York, New York. Exact venue TBA.

November 9-12 (the evening of the 3rd is an opening reception)

December 8-10

January 12-14

February 9-11

March 9-11

April 13-15 (Graduation weekend)

### **Weekend Schedule**

Program weekends consist of a full Friday, full Saturday, and full Sunday.

Participants do NOT need to reside locally for the program duration.

Unless they already live locally, participants usually fly in Thursday eve/or early Friday morning then fly out Sunday eve/Monday morning.

### **Enrollment**

Paid in Full \$12,000 USD

Payment Plan \$14,000 USD with initial 15% deposit - \$2,100 USD

British Pounds may be used for students in the UK.

**Early Bird discount:** Enrollments for CP15 fall under our early bird discount through August 17. Early bird pricing is \$10,000 USD paid in full / \$12,000 USD payment plan.

**To enroll or inquire about whether the OneTaste® Coaching and Leadership Training Program is a good fit for you, please contact one of our program experts:**

### **United States and Internationally**

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### **Refund Policy**

The OneTaste® Coaching and Leadership Training Program is an astounding and life changing program! We are so confident that you will enjoy the course that we guarantee a full refund if you come to the first weekend and withdraw at the end of Sunday through an in-person conversation with the course leader.

Our refund policy can be found at <http://onetaste.us/returns-policy>.

### **Frequently Asked Questions**

Q: Will you be offering the CP in my hometown?

A: The only cities we offer the CP are San Francisco, New York, Los Angeles, and London. We have no plans to extend the program to other locations. However, people from other locations frequently travel to those cities to participate in the program.

Q: I want to start Orgasmic Meditation or a OneTaste® business in my hometown! How do I do that?

A: OneTaste® has centers in 5 major cities - San Francisco, New York, Los Angeles, Austin, and London. There are OneTaste® Coaches in many

other cities around the world who are training people to OM and live an OM-based lifestyle. So while we are not issuing any new "OneTaste® YOUR-CITY-HERE" licenses we are certifying coaches to train people and create OM practices in their locale communities.

Q: Can I do the CP even though I've never OM'd or OM infrequently?

A: Yes! The Coaching Program is an excellent way to ease yourself into an OM practice! Going through the personal experience of discovering an OM practice helps coaches relate to their clients even more.

Q: It sounds like an amazing experience and I want the personal transformation it offers but I don't think I want to be a coach. Is the Coaching Program still for me?

A: Yes! The CP offers participants an incredible set of unique experiences and life skills that you can put to use everywhere in your life. Quite a few people take the program without any intention to become a coach and find the personal development benefits and life skills invaluable. Behind the scenes we say taking CP is the best excuse to do the personal work you've always wanted to do!

Q: Is there live training and practice of Orgasmic Meditation in the Coaching and Leadership Training Program?

A: No. The practice of OM is up to each individual to create for themselves. OneTaste® publishes and maintains a full spectrum of documentation on how to do that. If you do not know how to OM, standard OM coaching (for you and a partner if you have one) is included in your tuition. Students often coordinate their own practice sessions using the official OneTaste® structure and documentation.