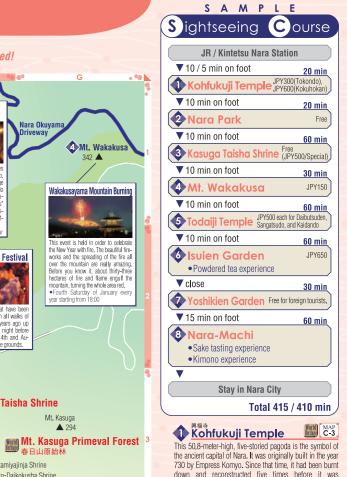




e Bus for Osaka (Itami) Airport

Munimidai 8 chome





730 by Empress Komyo. Since that time, it had been burnt down and reconstructed five times before it was reconstructed in 1426. The temple has a great number of halls and towers designated as Japan's national treasures and important cultural assets. It is also registered as a World Heritage Site. The view from Sarusawa-ike Pond looking owards this five-storied pagoda is a must-see for anyon



uring the Edo period, Nara-Machi was considered th heart of Nara. There are still many merchant families from day, and you will have a chance to experience something new and different from ancient history here. You can try "Nigiri-zumi" (making a carbon-based calligraphy ink bar

60 min

Toshodaiji Temple JPY600

by hand), sake tasting, and even try on a traditional Japanese kimono. It's quite the popular place! SAMPLE ightseeing **C**ourse Kintetsu Yamato Saidaiji Station ▼ 10 min by bicycle ♣ Heijo Palace Site

▼ 10 min by bicycle

▼ 10 min on foot

2 Saidaiji Temple JPY400 (main hall Ochamori (advance reservations required for groups ▼ 3 min by bicycle Kintetsu Yamato Saidaiji Station ▼ 5 min by Kintetsu Line

Kintetsu Nishinokyo Station ▼ 2 min on foot 3 Yakushiji Temple ▼ 10 min on foot

◆ RAR Toshodaiji Temple B-4 B-4 Toshodaiji Temple was built in the year 759 by a Tang Dynasty high priest, Jianzhen, as a place of learning. Jianzhen was summoned by Emperor Shomu mar times over the course of a twelve-year period before the priest finally arrived in Japan. It was this priest that taught the Japanese of the Ritsu sect of Buddhism. Every year on the day of his death in June, he is honored in Japan by putting his statue on display. This is Japan's oldest statue made in the image of someone and is event in May, he is given praise by the many people that

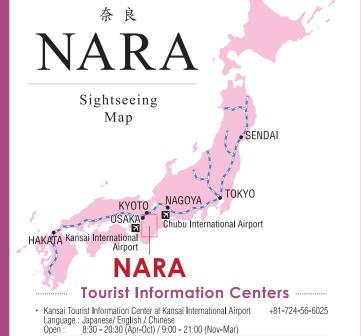


THEIJO Palace Site The capital was moved in the year 710 from Fujiwara-kyo to Heijo-kyo. This palace site was in the center of Heijokyo, which was praised as one of the ancient capital's discovered can be seen on display here as well at the Heijo Palace Site Museum and the Excavation Site Exhibition Hall. These two halls are linked together.



Kintetsu Nishinokyo Station ▼ 15 min by Kintetsu Line Kintetsu Nara Station Stay in Nara City Hokkeji Temple Hokkeji Temple was built to be a national nunnery on the site of Fujiwara-no-fuhito's residence at the request of Emperor Shomu's wife, Empress Komyo in the 8th century. The temple suffered a bit of decay after the capital relocation during the Heian Period, but in

1601, the main hall, Minamimon Gate and belfry (all important cultural properties) were restored under orders from Toyotomi Hidevori and Yodogimi. The temple has the standing statue of eleven-faced Kannon (a national treasure) as the principal object of worship. It is said that Empress Komyo was the model for the statue. The garden on the temple grounds is designated as a garden with historical importance or extraordinary •9:00 - 17:00 / Open throughout the year **Saidaiji Temple** daiji Temple was built in 765 at the request of Empero Shotoku as one of the Great Seven Temples in Nara. Although its splendor diminished for a certain period, the temple was restored in the Kamakura period (1192-1333) by the great priest named Eison as the main temple to teach esoteric Buddhism and its precepts. It has been passing on the wisdom of its teaching as the head temple of the Ritsu sect of Shingonshu. Starting with the principal standing statue of "Shaka" Nyorai", this temple has a large number of assets, including Buddhist statues designated as important cultural assets.



 Nara Prefecture Information Center Language: Japanese/ English Open: 10:00 - 17:00 +81-742-27-2003 Nara City Tourist Center +81-742-22-5595 Language: Japanese / English
Open: 9:00 - 21:00 (Service in English: 9:00 - 19:00) · Nara City Tourist Information Center +81-742-27-2223

Language: Japanese / English Open: 9:00 - 21:00 (Service in English: 9:00 - 19:00) JR Nara Station Tourist Information Center +81-742-22-9821 Language : Japanese / English Open : 9:00 - 17:00

Kintetsu Nara Station Tourist Information Center Language: Japanese / English Open: 9:00 - 17:00 +81-742-24-4858 Sarusawa-ike Tourist Information Center Language: Japanese / English Open: 9:00 - 17:00 +81-742-26-1991 +81-745-74-6800

Horvuji i Center Language: Japanese / English
Open: 8:30 - 18:00 (Service in English: 9:00 - 16:00)

---- Volunteer Interpreter and Tour Guide Groups Nara S.G.G. Club +81-742-22-5595 Language: English / French / German Open: 9:00 - 19:00 Nara YMCA +81-742-45-5920 Language: English Open: 9:30 - 20:00

 Nara Student Guide Language: English Open: 9:30 - 17:00 +81-742-26-4753 +81-745-74-6800

• Ikaruga ICES SGG Language: English / Chinese Open: 8:30 - 16:00 Ambulance Tel 119 / Police Tel 110

Note: Only the days of standard holidays are listed in this section. Actual days of availability may be subject to change. Photographs courtesy of : Nara Visitors Bureau, Nara City Tourist Association, Asuka Village Board of Education and Asuka Histrical National Government Part Asuka Management Center

> Nara Prefectural Government Phone: +81-742-27-8553 http://www.pref.nara.jp/item/79931.htm#itemid79931 2014.03

Kyoto

from HAKATA

from Kobe

BUS ROUTE from Kansai International Airport

from Osaka (Itami) International Airport

from Shinjuku, Yokohama, C<u>hiba, Nagoya</u>

RA STA. WEST EXIT

JR NARA STA.

Tokuyuji Temple 🛧

▲ Goryojinja Shrine

Naramachi Koshino-ie House

3 Kasuga Taisha Shrine F-3 Kasuga Taisha Shrine was founded to protect the Heijo kyo Capital and is the head shrine for about 3,000 Kasuga shrines all over Japan. The shrine pavilion in the orecinct is painted in elegant vermilion, and the lapanese wisteria that can be enjoyed from late April to

Ukimido Hall •

 ★ Yugajinja Shrine

"Shika no Tsunokiri (Antler-Cutting Ceremo

♂ Is

Yoshikien Garden•

year due to change of exhibition displays: two or three days at the end of March, June, September, and December, Man'vo Botanical

YAMATO-SAIDAIJI TIME REQUIRED: ABOUT 35 M

Some of the precious materials concerning faith of common people around the 15th century of Japan (significant tangible folk cultural assets) can also be found here. This temple has been the center of ordinary people's faith in Nara-machi since the middle ages. Designated as the World Heritage "Historic Monuments of Ancient Nara" 9:00 - 17:00 / Open throughout the year Yakushiji Temple B-5 Yakushiji Temple was built at Fujiwara-kyo at the request of Emperor Tenmu in 680 to speed the recovery of the ill Empress Jitou. It was moved to its current location in the

Fukuin Temple

ACCESS TO JR / KINTETSU NARA STATION

repress shot, was intered to its current rocation in the year 710 together with the relocation of Heijo Palace. The eastern pagoda remains virtually unchanged since it was originally built. The western pagoda was restored in beautiful vermilion and fresh green colors. These two towers are famous for their exquisite beauty. The three statues inside the Kondo Hall known as "Yakus Sanzon" are considered to be the masterpieces
Buddhist artwork and beauty.

Xasuga Taisha Shrine

o-Daikokusha Shrine

A Kiiiinia Shrine

JR NARA TIME REQUIRED: ABOUT 60 M

JR NARA TIME REQUIRED: ABOUT 45 MIN, FARE: JPY690

KINTETSU NARA TIME REQUIRED: ABOUT 40 MIN, FARE: JPY610

Gangoji Temple C-4

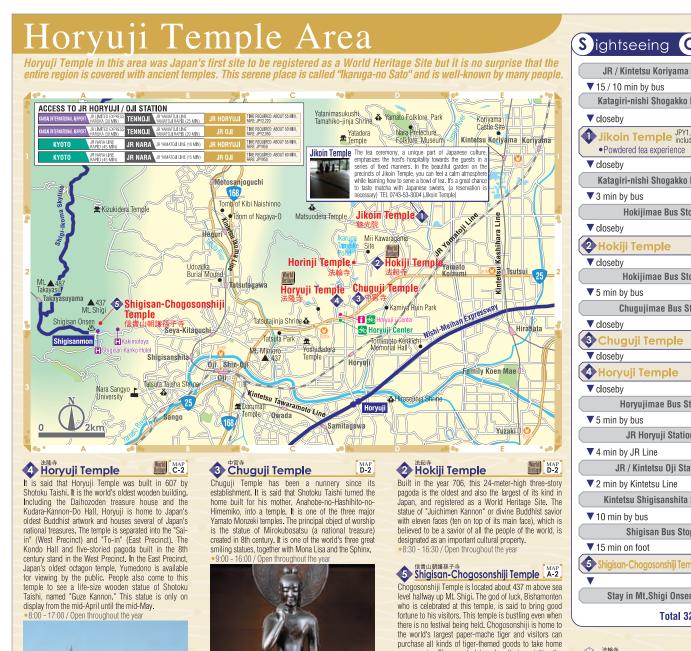
It is said that the famous Soga-no-Umako built Japan's oldest authentic Buddhist temple, Asukadera (Hokoji) Temple, which was the forerunner of Gangoji Temple.

U NARA TIME REQUIRED: ABOUT 65 MIN

★ Kinryujinja Shrine







動 Jikoin Temple 1663, Sadamasa Katagiri, who was the feudal lord of Koizumi Yamato and the originator of the Sekishu school of Japanese tea ceremony, built this temple in order to pray for the happiness of his father's departed soul. Jikoin was actually built to be a large tea-ceremony room rather property) built in the Irimoya-zukuri style with a thatched oof may be simple, but it does not lack character. The temple also has a beautiful rock garden of historical mportance and extraordinary scenic beauty.

Kinpusenji Temple / Zaodo B-1 senji Temple stands out in the ridge of a mounta Yoshino Mountainous Area. It was built by En-r he Yoshino area known as the "Sacred Sites and Pilgrimage Routes in the Kii Mountain Range" is one of three Gyoja, the founder of Shugendo sect, in order to be a oly lands to be registered as a World Heritage Site. Its cherry blossoms that bloom here are also very famous. place of spirtiual practice. The main hall named Zao vas restored during the Muromachi period (1338 1573) and is the second largest ancient wooden build after the Great Buddha Hall in Todaiji Temple. T principal objects of worship at Kinpusenji are three tall Zaogongen statues, which are placed in one of Japan's largest "Zushi" (miniature shrine). They are only open to the public on special occasions.

▼5 min on foot

▼ 5 min on foot

▼ 10 min on foot

▼ 10 min on foot

▼ 20 min on foot

▼ 20 min on foot

◆⊞Chi

Kane no Torii

as souvenirs. There are lodgings for pilgrims visiting the

temple and anyone can take part in the religious

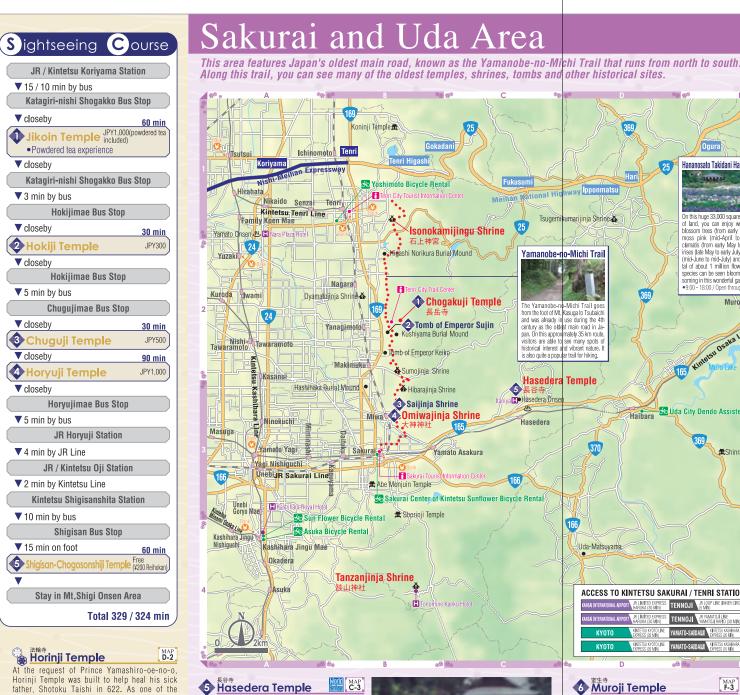


3 Yoshimizujinja Shrine B-1 This shrine was originally called Yoshimizuin Temple and was a prestigious place for Buddhist monks of usenii Temple, but because of separation of the gods and Buddha at the beginning of the Meiji Period, it officially became a shrine. In the study room (an important cultural property), there are rooms of Emperor Godaigo's throne, Yoshitsune's hiding place, and Taiko Hideyoshi's flower viewing, as well as many treasures from the time that are on displa



御手洗渓谷 Mitarai Gorge Mitarai Gorge is a holy ground with a ravine which was created from Sanjo River flowing from the top of Mt. Omine. It is said that the name means "emi performing a purification ceremony with water." To this day, this cold stream flows serenely down the mountain. Rickety roads along Mitarai Waterfall, Hikari Waterfall, and other miscellaneous small trees all have their own personality here in the Mitarai Valley, Fresh green leaves in spring, deutzia trees and azaleas all bloom in summer but the best time to go is probably fall when leaves cover the entire rive

大業典驅道 Omine Okugakemichi Route B-C. s believed that the ancestor of Shugendo, En r Gyoja, established the Omine Okugakemichi Route in the beginning of the 8th century. Ancient spiritual practices are held here in this 2,000 square meter untain range that includes Mt. Saniogatake. Mt. Misen, Mt. Hachikyogatake and other mountains. Omine Okugakemichi Route is actually regarded to be the main road for Shugendo practitioners. It is the deepes mountain road in the Kii Mountain Range and the Okugake has been practiced there from ancient times.



Horinji Temple At the request of Prince Yamashiro-oe-no-o, Horinji Temple was built to help heal his sick father, Shotoku Taishi in 622. As one of the Hasedera Temple three Ikaruga pagodas, along with Horyuji and Hokiji Temples, the three-storied pagoda in The main hall extends southwards on a raised stage and is one of Nara Prefecture's biggest halls. There are Horinji Temple was praised for its beauty, but thousands of cultural and traditional items in this temple burned down in a fire caused by a lightning strike in 1944. It was restored in 1975 including "Juichimen Kannon," an eleven-faced statue of the divine savior of all the people in the world. In the hal according to old construction methods. The leaving the Noboriro (staircase) and continuing on toward the main hall, there are 399 stone steps and Kodo Hall holds the statues of Yakushi Nyorai and Kokuzo Bosatsu (both important cultural properties) as well as other Asuka Buddhist from the ceiling. From late April until early May, th corridor is surrounded by beautiful peonies. S A M P L E



Higashi Norikura Burial Mound

Chogakuji Temple

Tomb of Emperor Sujin

Yamanobe-no-Michi Trail

Muroji Temple luroji Temple has a five-storied pagoda with a height of 16.1 meters, but it is the smallest among the towers that stand outdoors. The statue of Shaka Nyorai Buddha, the founder of Buddhism, is about 106.3 cm tall and is a masterpiece of Buddhist art of the 9th century. Mt. Kova hosted the same Buddhist sect as Muroji Temple and used to prohibit women, but Muroji Temple allowed women to worship there and herefore is called "Nyonin Koya (Women Koya)," The temp is famous for its beautiful rhododendrons. The best season to visit is from mid- April to early May.

ACCESS TO KINTETSU SAKURAI / TENRI STATION

RESS TENNOJI JR LOOP LINE (INNER CIRCLE) TSURUHASHI



Soni Highlands

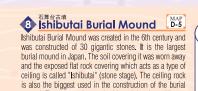
JR NARA JR SAKURAJ LINE TENRI TIME REQUIRED: ABOUT 75 MIN FARE JP/2,560

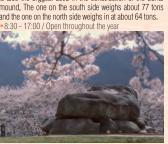
TETSU OSAKA LINE KINTETSU SAKURAI TIME REQUIRED: ABOUT 60 MIN

TENRI TIME REQUIRED: ABOUT 50 N

Keharahaiji Temple Site

ananosato Takidani Hanashobue





奈良県立万葉文化館
Nara Prefectural Complex of Man'yo Culture
D-4 The Nara Prefectural Complex of Man'yo Culture serves three main functions: "inspection and research," display," and "books and information services" which I relate to ancient Japanese culture that pertains to Man'yo. Japanese works of art, traditional Japanese dolls, pictures, dioramas and other handmade crafts as well as music tell the story of the way people lived during the Man'yo period. Man'yo poets and poetry also help to tell the story of the Man'yo heart and way of thinking.

3 Asukadera Temple Asukadera Temple was built in the year 588 at the request of Soga-no-Umako, a proponent of Buddhism, to serve as Japan's first authentic Buddhist temple. The main hall was actually worship in the temple is the bronze seated statue of Shaka Nyora (an important cultural property) made in the 7th century and is the oldest statue of Buddha in Japan. This statue is also lovingly referred to as "Asuka Daibutsu (Great Buddha of Asuka)". C the western side of the temple, a five-storied pagoda, which is believed to be a burial mound with the head of Soga-no-Iruka buried inside is left standing from ancient times, and a monument for a poem of Yamabe-no-Akahito can also be seen.

9:00 - 17:00 (Reception ends 15 minutes before the

植原神宮 Kashiharajingu Shrine B-3 Kashiharajingu Shrine is located at the southeastern foot of Mt. Unebi. It was built in 1890 to commemorate a place for the enthronement of Emperor Jinmu as described in the story of the Nihon Shoki (The Chronicles of Japan). It is a place to worship Japan's first emperor, Tenmu, and his empress. At about 500,000 square meters away, a forest, garden and a pond can be found within the shrine. Beautiful gravel is laid around the outdoor hall of worship as well.



Sightseeing Course Also called Miwa Myojin, Omiwajinja Shrine is regarded as the oldest shrine in Japan. Since the object of worship is Mt. Miwa, there is actually no inner sanctuary in the shrine. In 1664, Shogun Tokugawa letsuna ordered that JR Yanagimoto Station Haiden (prayer hall) be restored (an important cultura ▼ 20 min on foot property). The shrine also has the unique-shaped "Triple forii gate" (mitsutorii, an important cultural property Chogakuji Temple JPY350 called Miwa Torii. This gate definitely has something to say about the religion of Japan at the time it was built ▼ 10 min on foot Faithful from nationwide drug manufacturers and breweries gather here for the protection of medicine alcohol and talismans. The shrine is regarded as a Tomb of Emperor Sujin Free ▼ 45 min on foot 3 Saijinja Shrine ▼ 5 min on foot Omiwajinja Shrine Free

▼ 5 min on foot

▼ 3 min by JR Line

▼ 15 min on foot

▼ 15 min on foot

▼ 15 min by bus

3 min on foot

▼ 3 min on foot

▼ 15 min by bus

Muroji Temple

▼ 5 min by Kintetsu Line

▼ 15 min by Kintetsu Line

SAMPIF

JR Miwa Station

JR / Kintetsu Sakurai Station

Kintetsu Hasedera Station

5 Hasedera Temple JPY500

Kintetsu Hasedera Station

Kintetsu Muroguchi Ono Station

Murojimae Bus Stop

Murojimae Bus Stop

Kintetsu Muroguchi Ono Station

Stay in Sakurai City, Tenri City or Kashihara City

Total 374 min

30 min



Managara Shrine

guardian deity in all aspects of life.

Chogakuji Temple Shingon sect, built Chogakuji Temple as Junguji Templ of Yamato Shrine. Inside the vast temple grounds, then are many important historical and cultural properties such as the belfry gate. The main object of worship ir this temple, the statues of Amida Sanzon (importan cultural properties), are the oldest Buddhist statues in Japan, having eyes inset with gems (such as crystal). It was made in the 11th century. In the fall, a huge 4-meter long and 11-meter wide piece of art depicting Hell is open to the public. Chogakuji Temple is also known fo Hirado tsutsuji (azaleas) that can be seen from late Apri until early May. •10:00 - 17:00/ Open throughout the year

Tanzanjinja Shrine A magnificent shrine pavilion including the Romon gate, Honden (main hall), Haiden (prayer hall) (all important cultural properties), and other vermilion works of Japanes architecture can be seen in the mountains of Tonomi The shrine contains a thirteen-story pagoda that is the only existing wooden thirteen-story pagoda in the world. Tanzan Shrine is known for all of the beautiful autumn leaves that fall on it each year, but in the spring the cherry beautiful green color in the summer and is painted white with snow every winter. No matter the season, Tanzanjinja Shrine has something beautiful and worth seeing. 8:30 - 16:30 / Open throughout the year

sonokamijingu Shrine Isonokamijingu is regarded as a famous ancient temple In ancient times, this shrine was a guardian of the Mononobe, an old Japanese clan, and there was a reco that the Yamato imperial court used the shrine to sto weaponry. The hall of worship (national treasure) is t oldest shrine architecture, and it is said that t reconstructed in the 11th century. Another national treasure can be found on top of the stone steps in from he tower gate, the hall of worship for Sessha Izumo Open throughout the year

Sightseeing Course Kintetsu Kashihara Jingu Mae Station ▼ 3 min by bicycle ▼ 15 min by bicycle ▼ 5 min by bicycle



In earth bell muffle painting ▼ 5 min by bicycle ▼ 5 min by bicycle 10 min ▼ 10 min by bicycle

Ancient glass restoration experience

Indigo dye experience

Stay in Asuka Village or Kashihara City Total 440 min

高松塚古墳 (壁画館) Takamatsuzuka Burial Mound and Wall Painting Museum C-5 In March of 1972, a stone chamber was discovered depicting ancient artwork on its walls (national treasure along with an old burial mound. This was the biggest covery in Japan since World War II, so it is not hard to imagine that it attracted a lot of attention. Chinese Taois artwork was painted inside the burial mound's stone walls. A blue dragon flies near a sun painted on the eastern side, a white tiger and moon on the western wall, on the

northern side, "Genbu" (The black tortoise of winter) and on both the eastern and western sides, there are human figures. There are also drawings of constellations on t may go to see the elaborate copies of the actual painting and a model of the stone chamber at the Takamatsuzuk



World Heritage Sites

in NARA

The Convention Concerning the Protection of the World Cultural and Natural Heritage Sites, or the World Heritage Convention, was adopted at the 17th General Conference of the United Nations Educational, Scientific, and Cultural Organization (UNESCO) in 1972. This convention is based on the idea that the cultural and natural heritages of the world should be protected as irreplaceable treasures for all of humanity.



Historic Monuments of Ancient Nara

Todaiji Temple / Kofukuji Temple / Kasuga Taisha Shrine / Mt. Kasuga Primeval Forest /

e "Historic Monuments of Ancient Nara" were registered as World Heritage Sites in December 1998. These eight properties hold world heritage value as culture was significantly developed through exchange with the Korea







Buddhist Monuments in the Horyu-ji Area

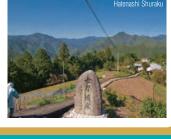
Horyuji Temple / Hokiji Temple

The Buddhism introduced to Japan via the Korean Peninsula took root earlier than any place in Japan in Ikarugaorvuii Temple Area were regi: nique architectural style while





The "Sacred Sites and Pilgrimage Routes in the Kii routes of Omine Okugakemichi Route including Tamak and Mie. Among them, Nara Prefecture holds the sacred



Rent-a-Cycle Shops

Bicycle Rental in Northern Nara (Nara Park Area, Nishinokyo Area) Nara Bicycle Rental

Address: 1F East Entrance/ 22-1 Takaimaichi-cho, Nara City, Nara Prefecture

Tel: 0742-24-8111 JR Nara Office Bicycle Rental

Address: Under the elevated railroad Nara Station / 1-1 Sanjo-honmachi, Nara City, Nara Prefecture

Tel: 0742-26-3929 Yamato Tourist Bicycle Rental

Address: Room 102 Nara-Dajichi building, 50 Naishihara-cho, Nara City, Nara Prefecture

Tel: 0742-54-1549

Nara-Machi Information Center

Address: Naishihara-cho, Nara City, Nara Prefecture

Tel: 0742-26-8610

Saidaiji Bicycle Center Address: South Entrance at Kintetsu Saidaiji Station, 1-1 Saidaiji-Kunimi-cho, Nara City, Nara Prefecture

Tel: 0742-44-8388

Bicycle Rental in Western Nara (Horyuji Area)

Horyuji Center Address: 1-1-7 Horyuji-minami, Ikaruga-cho, Ikoma County, Nara Prefecture

(Inside Nara-Kotsu Horyuji Bus Center at JR Horuji Station) Tel: 0745-74-0047

Horyuji i Center

Address: 1-8-25 Horyuji-minami, Ikaruga-cho, Ikoma County, Nara Prefecture

Tel: 0745-74-6800 (Ikaruga-cho Tourism Association) rn Nara (Δsuka and Kashihara Δrea Sakurai and IIda Δrea) Asuka Bicycle Rental

Address: 138-6 Misono, Asuka Village, Takaichi County, Nara Prefecture Tel: 0744-54-3919

Hashimoto Bicycle Rental Address: 757-3 Gojo-no-cho, Kashihara City, Nara PrefectureNear the Route 169 in front of Kintetsu Oka Station

Tel: 0744-27-4663

Yoshimoto Bicycle Rental Address: 842 Kawaharajo-cho, Tenri City, Nara Prefecture

Tel: 0743-63-1127 Sakurai Center of Kintetsu Sunflower Bicycle Rental Address: 190 Sakurai, Sakurai City, Nara Prefecture

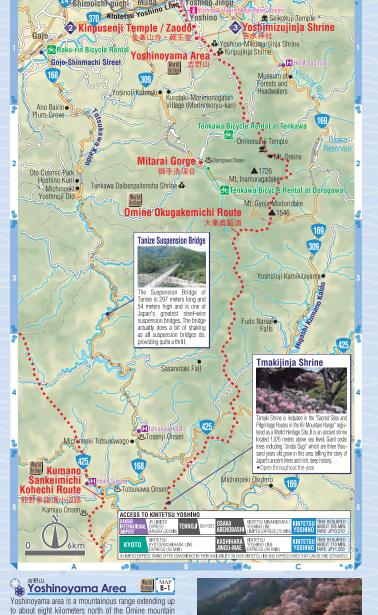
Tel: 0744-43-6377 Uda City Dendo Assistence Bicycle Rental Service Address : Hagihara, Haibara, Uda City, Nara Prefecture

Tel: 0745-88-9049 (Uda City Tourist Information Center) Bicycle Rental in Southern Nara (Yoshino Area)

Tenkawa Bicycle Rental at Tenkawa Address: Sawatani in Tenkawa Village (near Tenkawa-Kawai bus stop) Tel: 0747-63-0307

Tenkawa Bicycle Rental at Dorogawa Address: Dorogawa in Tenkawa Village (near Dorogawa-Onsen bus stop) Tel: 0747-64-0609 Raku-rin Bicycle Rental

Address: 3-70 Sue, Gojo City, Tourist Information Center at JR Gojo Station Tel: 0747-20-9005



ranges and is famous for its "sakura," or cherry blossoms. Over 30,000 sakura bloom in the valleys and

ridges of this region and it is especially beautiful throughout the month of April. This area is also a popular spot for monks wishing to do their spiritual

practices. This area is actually where the Southern

Dynasty's capital was built during the Period of North and South Dynasties. Whether it be the fall leaves or



