

**KERSTIN FLORIAN**  
SIGNATURE  
TREATMENT AND  
BODYCARE

**SEA BLOSSOM SOJOURN 120  
MINUTES**

This completely balancing and rejuvenating spa experience will leave you drifting on waves of bliss. To begin, ocean minerals are combined with sweet Neroli Blossoms for a blissful body polish. Himalayan sea salt stones are then warmed for a head to toe balancing massage. Finally, nourish and relax inside a cocoon of moisture while a soothing Orange Blossom facial massage and marine masque quenches the skin.

**CHAMOMILE BODY SCRUB 30  
MINUTES**

A creamy, aromatic scrub with Chamomile and gentle buffing grains sweeps away dull surface cells and finishes with a layered hydration of herbal lotion and dry oil. The body is left feeling smooth, refreshed and hydrated.



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FLORIAN

**emerginC and  
SCIENTIFIC ORGANICS  
BODYCARE**

**GINGER-COCONUT ARGAN  
SUGAR GLOW  
60/90 MINUTES**

This dazzling natural treatment begins with a lively citrus-kombucha body wash followed by the vibrant aromas of our ginger-lime sugar scrub. Warm, nourishing coconut and argan oil infused with avocado oil, apricot oil, rose hip, and vitamin E is slowly drizzled on to the body for superior hydration, nourishment, and total body relaxation.

**GRAPE STEM CELL AND WHITE TEA  
HYDRATION WRAP  
60 MINUTES**

Calm, alleviate and revitalize your skin with 100% natural, minimum 70% organic ingredients of grape stem cells, spirulina, aloe vera, white tea, pine bark extract, vitamins C and E. A dry brush exfoliation begins the treatment to remove dead skin cells while promoting lymphatic flow throughout the body. Next, grape stem cell, white tea and seaweed body butter is slowly painted for ultimate hydration. A calming scalp massage is given while the body is enveloped for deeper relaxation-an excellent treatment for post-sun, dehydrated and aging skin.



**CLASSIC MASSAGE**  
**30/60/90 MINUTES**

Our full-body Swedish Therapeutic or Deep Tissue massage techniques are customized to suit your needs. A superior massage therapy to reduce tension, soothe sore muscles and increase circulation to promote total relaxation.

**PRENATAL MASSAGE**  
**60/90 MINUTES**

Excellent for easing the mind and relieving stress and strain during pregnancy, this specialized massage focuses on reducing tension in the legs and back. Please note that this treatment can only be performed after the first trimester.

**COUPLE'S MASSAGE**  
**60/90 MINUTES**

A luxurious massage for two with various therapeutic techniques. Your choice of Swedish Therapeutic or deep tissue modalities are available.

Sea Wellness Spa  
is a sanctuary where  
one can relax and  
renew through a  
restorative and  
healing experience.



**HOT STONE MASSAGE 90  
MINUTES**

This unique treatment involves the application and movement of heated basalt stones. The contrast of temperature assists to induce deep relaxation and enhanced well-being, while reducing inflammation and restoring balance to the body.

**MAGNESIUM WELLNESS  
MASSAGE  
90 MINUTES**

Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being. This ultimate wellness massage combines the benefits of dry brushing to promote lymphatic drainage, therapeutic massage and the power of magnesium to promote detoxification and replenish commonly deficient levels. After a stimulating dry brush, the body is infused with mineral-infused warm compresses to relax and replenish. A soothing massage follows with Mineral Wellness Lotion to nourish the skin as muscles relax and tension dissipates.



**SIGNATURE CAVIAR FACIAL 60/90  
MINUTES**

A decadent, luxurious facial that firms, tones, refines and deeply hydrates the skin with protein-rich Caviar and powerful antioxidants. Exclusive Caviar products infuse skin with age-defying nutrients to smooth fine lines and improve texture. An AcuLift Massage visibly firms and tones while concentrated nutrient ampoules and exclusive Marine Masques provide intensive hydration to instantly restore radiance. Results are immediate, leaving skin looking supple, healthy and luminescent!

**CUSTOMIZED DEEP  
CLEANSING FACIAL 60  
MINUTES**

A deep cleansing purifying facial customized for all skin types. Includes an exfoliating peel to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin. A heated hand treatment completes the experience.

**BERRYPLUS  
ANTIOXIDANT INFUSION  
60/90 MINUTES**

Ultra-oxygenating, anti-aging treatment based on vitamin-rich super berries and plant cell cultures to fortify, rejuvenate and renew. Concentrated, nourishing oils, serums and plant essences combine with exclusive muscle-easing face and neck massage followed by a nourishing algae-rich masque for increased cellular renewal and a healthy radiance.



### ULTIMATE CAVIAR LIFTING FACIAL 90 MINUTES

Energize, transform and deeply nourish your skin with this high performance treatment that includes an exfoliating multi-acid peel for the face, neck and décolleté. Red LED Light and Impulse MicroCurrent help awaken cell functions to younger levels, accelerate cell repair, reeducate muscle tone for a more lifted appearance and trigger DNA regeneration. Treatment concludes with the infusion of essential nutrients into the skin with cutting edge Transdermal Delivery technology.

### ALL NATURAL URBAN RESCUE WITH LED THERAPY 60/90 MINUTES

Reverse the signs of aging caused by exposure to daily environmental stressors such as pollution, free radicals and UV rays with this antioxidant-rich treatment. Concentrated, nourishing oils, serums and plant essences combine with age-renewing Red Light therapy to rescue skin and repair cellular structure. Restore skin's natural wellness and radiance.

### 20 MINUTE ADD-ONS:

#### EXPRESS LIFT

A preventative treatment designed to maintain energy in the cells, strengthen muscle tone and delay the aging process.

#### EXPRESS EYES

Designed to help strengthen the muscles, brighten the eye area and assist in increased circulation. Ideal for targeting the signs of aging around the eye area to diminish the look of fine lines and wrinkles.

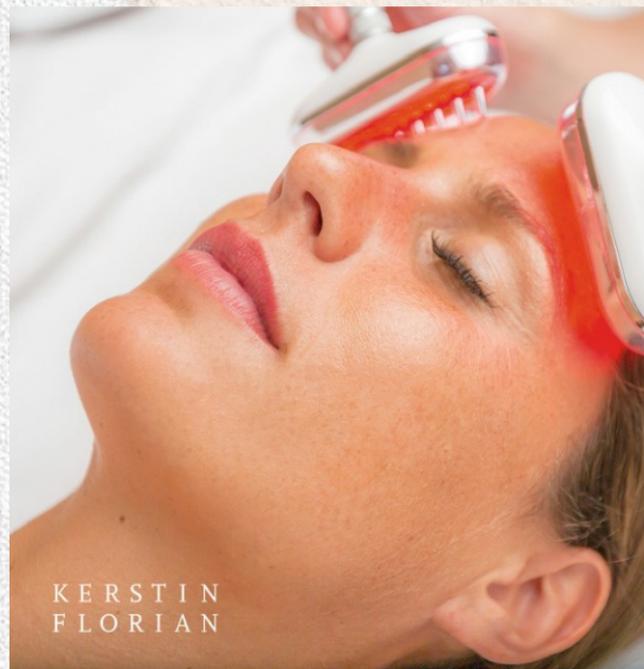
#### EXPRESS LIPS

Lip lines, lower cheeks and jaw areas are lifted, toned and smoothed with this treatment specifically designed for the lip and lower portion of the face. Fine, feathery lines around the lips are smoothed and jaw muscles are lifted to help achieve a more youthful-looking appearance.

#### EXPRESS CONGESTION

This treatment is designed for oily skin conditions to help eliminate excess sebum, increase lymphatic drainage and enhance circulation. Helps to reduce puffiness and inflammation.

## KERSTIN FLORIAN ADVANCED SKINCARE K-LIFT AND ENHANCEMENTS



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FLORIAN

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SCIENTIFIC OR G ANICS  
SKINCARE**

**SIGNATURE RADIANCE FACIAL 60  
MINUTES**

Give your skin the ultimate wrinkle-fighting it deserves. Our signature radiance facial is a customized treatment that combines active vitamin C, natural fruit acids, and a wide variety of potent botanical extracts and coenzymes to brighten skin, noticeably improve tone and texture, and minimize the appearance of fine lines and wrinkles, leaving skin noticeably radiant, hydrated and glowing.

**HYDRATION BOOSTER FACIAL 60/90  
MINUTES**

Help alleviate dryness and dehydration with our intensive hydration treatment. The hydration booster facial consists of a two-part exfoliation system to remove dead skin cells and instantly improve tone and texture, while minimizing the appearance of fine lines and wrinkles. Plant-based ceramides, hyaluronic acid and botanical extracts help restore natural moisture, leaving skin hydrated, toned and firmed.



**SWIFT LIFT PEPTIDE  
FIRMING FACIAL  
60 MINUTES**

Actively firm, lift and address the visible signs of aging with the emarginC Swift Lift Peptide Firming Facial. The facial includes a thorough facial analysis, deep cleaning, and a natural fruit acid exfoliation peel to rapidly remove dead skin cells. Cutting-edge algae-based peptides, hyaluronic acid, and a variety of plant extracts help to noticeably firm and visibly diminish the appearance of fine lines and wrinkles, leaving skin younger-looking, toned, soothed and glowing.

**GENTLEMEN'S FACIAL 60  
MINUTES**

Time for men's skincare. This stimulating treatment was specifically designed for male skin to counteract the effects of under-eye circles, stress and daily shaving which results in dull, lifeless skin. This exclusive combination of highly effective products adapts to the needs of each skin type while the comforting massages for the scalp, neck and shoulders will transport you to a state of profound relaxation. This facial was inspired by the techniques used by traditional barbers who comforted the skin during the shaving process with steaming towels, and is followed by a stimulating face massage that will provide your skin with a clean, youthful and revitalized appearance.

This exclusive combination of highly effective products adapts to the needs of each skin type while the comforting massages for the scalp, neck and shoulders will transport you to a state of profound relaxation.

**REJUVENATE FACIAL**  
30/60 MINUTES

This skin-quenching infusion provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that remarkably lift, tone and hydrate the skin.

**OPULENCE FACIAL**  
30/60 MINUTES

Reveal a more radiant you! The Opulence Infusion combines botanical brighteners and highly concentrated vitamin C to brighten and balance dull uneven skin tone. Pigmentation is minimized, leaving your skin luminous, toned and more radiant.

**ULTIMATE OXYGEN FACIAL 90 MINUTES**

Emerge radiant with renewed luminosity and an immediate lift to your skin with the benefits of our Rejuvenate or Opulence Oxygen facial. This facial is enhanced with a pampering massage, customized exfoliation and the addition of Atoxelene. The Atoxelene Serum is the perfect, non-surgical alternative to a more invasive procedure. It significantly targets expression lines to refine the forehead, softens the eye contour and plumps your skin to dramatically reduce the appearance of fine lines and wrinkles.



**BOOSTER FACIAL 90  
MINUTES**

Enhance your Rejuvenate facial results with your personally prescribed Booster+ Treatment:

**Collagen** - State of the art collagen building peptides to promote skin renewal and rejuvenation.

**vitamin C+3** - Three forms of vitamin C work together to smooth, strengthen and promote healthy glowing skin.

**vitamin A** - Helps promote skin elasticity while clarifying and refining the appearance of skin.

**Antioxidant** - Revitalizes and balances dull, stressed skin with natural super fruits from the Australian Rainforest.

**ATOXELENE ADD-ON 15  
MINUTES**

This targeted treatment is the perfect, non-surgical alternative to more invasive procedures. Atoxylene Serum includes natural amino acids that instantly firm, lift and plump your skin for a dramatically reduced appearance of fine lines and wrinkles. (Only add-on to treatments)



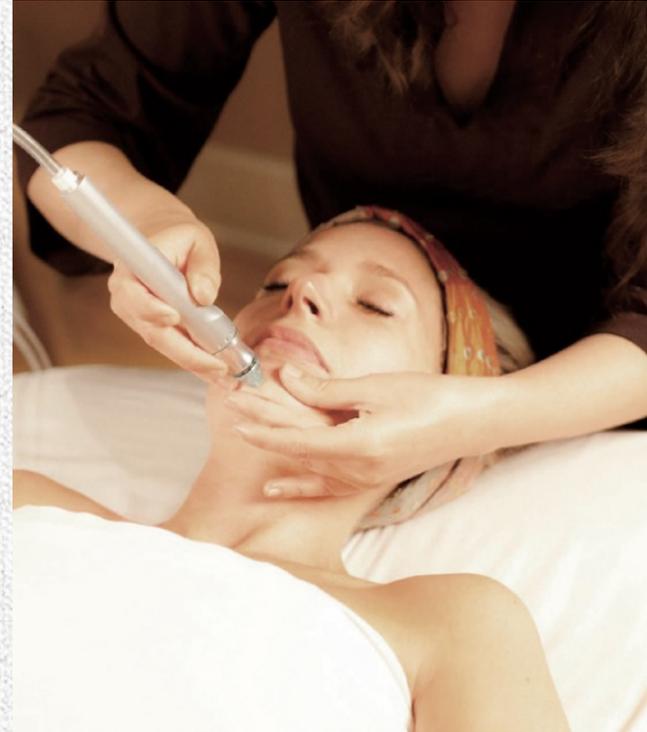
## ADVANCED SKINCARE TREATMENTS

### HYDRAFACIAL™ 30/60 MINUTES

The HydraFacial™ resurfacing procedure thoroughly cares for your skin by providing cleansing, exfoliation, extraction, and hydration while nourishing with antioxidants, peptides and Hyaluronic acid. The HydraFacial™ is a revolutionary non-invasive and non-surgical procedure that delivers instant results with no discomfort or downtime. It is an unparalleled therapy that immediately and effectively soothes and moisturizes the skin.

### ULTIMATE PERFECTING DUO 90 MINUTES

This facial is the revolutionary Ultimate Age Reversal fusing two of the industries' most coveted technologies – HydraFacial™ and Intraceuticals – into one innovative treatment. It begins with exfoliation and infusion of Hydrafacial™ serums and concludes with methodical infusion of anti-aging ingredients delivered through hyperbaric oxygen. Results are undeniable and immediate.



## AFTERSUN TREATMENTS

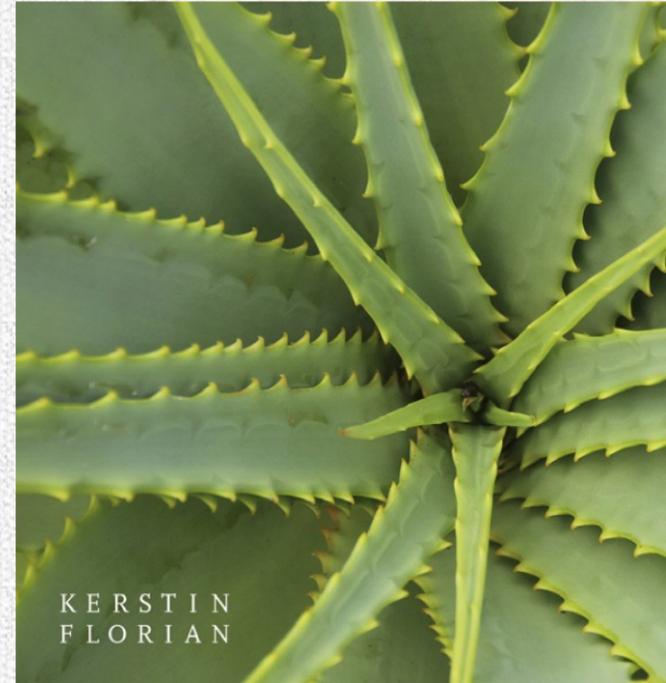
### ORGANIC ALOE WRAP 30/60 MINUTES

The healing, moisturizing properties of the Organic Aloe Vera plant are combined with the remineralizing and nourishing elements of algae and soothing properties of lavender in this deluxe hydrating body wrap. Includes a luxurious scalp and neck massage followed by a foot massage with invigorating alpine foot balm.

### SOOTHING AFTER-SUN FACIAL 60 MINUTES

An après sun facial which soothes, hydrates and nourishes skin that has been overexposed to the elements. Includes a cooling organic Lavender and Aloe Vera masque as hydrating botanicals help to protect skin and calm redness.

The art of healing  
comes from nature.  
Experience how the  
best science can  
release nature's most  
powerful resources for  
your benefit and still  
protect the Earth.

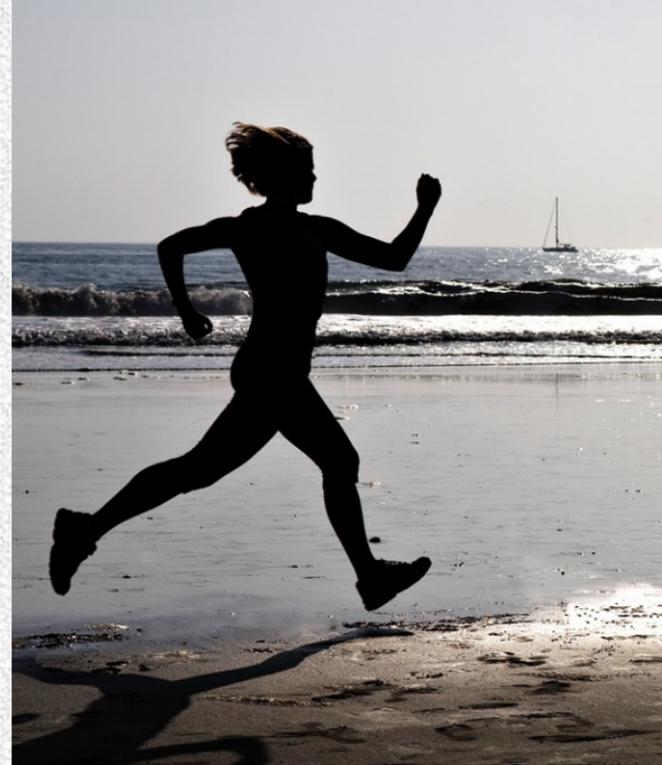


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# MOVE

We invite you to Live Well Again with one of our daily activities designed to stimulate your creativity, pique your curiosity, and infuse you with a contagious sense of optimism. Our Live Well Again activities will engage your senses and leave you feeling energized and inspired.

With the Pacific Ocean as your inspiration, exercise your body with our indoor and outdoor workouts.



## PRIVATE SESSIONS

### WORK OUT TO RELAX

Stimulate the mind and body with a rejuvenating full-body workout and massage. A skilled trainer will guide you through a personalized workout combining resistance, balance and functional training followed by an assisted stretch to prepare your body (and mind) for a therapeutic massage.

### ONE ON ONE

A world-class personal trainer will take you through a challenging and energizing full-body workout, helping you to achieve your individual fitness goals.

### FITNESS AL FRESCO

Become one with the ocean breeze! Let our trainer lead you through a personalized, fun and invigorating training session on the beautiful Santa Monica Beach, just outside your door.

### PRIVATE YOGA SESSION

You'll improve flexibility, balance and overall strength during a personalized yoga session with a highly qualified instructor that incorporates breathing exercises and poses.

### YOGA ON THE BEACH

Take your private yoga session outdoors to stretch in the sun and gaze at the waves.

PRIVATE SESSION 50/80 MINUTES  
COUPLE SESSION 50/80 MINUTES



**LIGHTSTIM®**  
ANTI AGING LED  
THERAPY

**LIGHTSTIM™ ANTI-AGING**  
**EXPRESS 30 MINUTES**  
**DELUXE 60 MINUTES**  
**ULTIMATE 90 MINUTES ADD**  
**ON 20 MINUTES**

The LightStim® Anti-Aging combines amber, red and infrared lights to stimulate collagen and elastin, reduce inflammation, promote circulation and encourage deeper product absorption. A targeted combination of enzymatic exfoliation, extractions and advanced LED technology leaves skin firmer, tighter and smoother. This facial therapy is designed to help treat and combat the deeper signs of aging.

COMING SOON



**CRANIOSACRAL UNWINDING 60/75 MINUTES**  
**ADD 30 MINUTE TO FACIAL**  
**ADD-ON WITHIN 60 MINUTE FACIAL**

This form of energy work therapy optimizes the flow of cerebrospinal fluid, a vital fluid that nourishes and protects the nervous system and brain. This gentle, light touch therapy shifts the mind and body into a mode of rest and recovery – the antithesis of stress. In this service the healing potential of quiet and stillness of body and mind is explored. Our collaboration with 21 Drops essential oils makes this treatment unique using the highest grade therapeutic oils. Blends of Equalize, De-Stress, and Calm help with the calming of the brain, equalizing specific brain rhythm, de-stressing the body and the mind. A selected blend for each individual to enhance the function of the immune system (Pain Relief, Detox and Immunity) can be selected at beginning of service. *Note: Wear Yoga or exercise attire.*



# PRICE LIST



wellness spa  
SANTA MONICA, CALIFORNIA  
[www.hotelcasadelmar.com/spa](http://www.hotelcasadelmar.com/spa)

## KERSTIN FLORIAN

### SIGNATURE TREATMENT AND BODYCARE

120 Minute Sea Blossom Sojourn	\$325
30 Minute Chamomile Body Scrub	\$145

### emerginC and SCIENTIFIC ORGANICS BODYCARE

60 Minute Ginger Coconut Argan Sugar Glow	\$205
90 Minute Ginger Coconut Argan Sugar Glow	\$265
60 Minute Grape Stem Cell/White Tea Hydration Wrap	\$205

### MUSCLECARE

30 Minute Classic Massage	\$130
60 Minute Classic Massage	\$190
90 Minute Classic Massage	\$270
60 Minute Prenatal Massage	\$200
90 Minute Prenatal Massage	\$290
60 Minute Couples Massage	(per person) \$210
90 Minute Couples Massage	(per person) \$290
90 Minute Hot Stone Massage	\$290
90 Minute Magnesium Wellness Massage	\$305

## KERSTIN FLORIAN

### SKINCARE

60 Minute Signature Caviar Facial	\$220
90 Minute Signature Caviar Facial	\$330
60 Minute Customized Deep Cleansing Facial	\$190
60 Minute Berryplus Antioxidant Infusion	\$190
90 Minute Berryplus Antioxidant Infusion	\$285

## KERSTIN FLORIAN

### ADVANCED SKINCARE

90 Minute Ultimate Caviar Lifting Facial	\$375
60 Minute All Natural Urban Rescue with LED	\$250
90 Minute All Natural Urban Rescue with LED	\$375
20 Minute Add-ons	\$100

### LIGHTSTIM®

### SKINCARE

30 Minute LightStim Express	\$195
60 Minute LightStim Deluxe	\$275
90 Minute LightStim Ultimate	\$385
20 Minute LightStim Add On	\$145

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## emerginC and SCIENTIFIC ORGANICS SKINCARE

60 Minute Signature Radiance Facial	\$190
60 Minute Hydration Booster	\$190
90 Minute Hydration Booster	\$285
60 Minute Swift Lift Peptide Firming	\$205
60 Minute Gentlemen's Facial	\$190

## intraceuticals SKINCARE

30 Minute Rejuvenate Facial	\$170
60 Minute Rejuvenate Facial	\$250
90 Minute Booster Facial	\$375
30 Minute Opulence Facial	\$170
60 Minute Opulence Facial	\$250
90 Minute Ultimate Oxygen Facial	\$375
15 Minute Atoxolene Add on	\$100

## ADVANCED SKINCARE TREATMENTS

30 Minute Hydrafacial™	\$185
60 Minute Hydrafacial™	\$265
90 Minute Ultimate Perfecting Duo	\$395

## AFTER SUN TREATMENTS

30 Minute Organic Aloe Wrap	\$145
60 Minute Organic Aloe Wrap	\$205
60 Minute Soothing After Sun Facial	\$190

## MIND AND BODY TREATMENTS

60 Minute CranioSacral Unwinding	\$235
75 Minute CranioSacral Unwinding	\$295
30 Minute Add to Facial	\$135
Add-on Within 60 Minute Facial	\$100