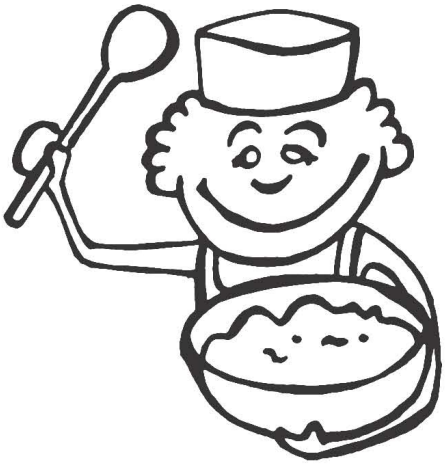

Sparkle Kitchen

Lunchbox Raspberry Tarts
(makes 3 small tarts)

Ingredients

3 phyllo cups

½ cup raspberries

a drizzle of honey

a few spoonfuls of flavored Greek yogurt (honey and vanilla are good choices)

Directions

These are best if they're packed in separate parts to be combined right before eating.

Begin by packing 3 phyllo cups into a crush proof container.

Next, use a fork to lightly mash the raspberries with a drizzle of honey, and pack those in a separate container.

Last, pack a few spoonfuls of flavored Greek yogurt into a third small container.

When your kiddo is ready for lunch, they can put a spoonful of raspberries into each phyllo cup, then top them with yogurt “whipped cream” before enjoying.