



In the *Martin & Sylvia* story "**The Let-Go Approach**," Daddy teaches the children that when faced with a challenging question, sometimes the best approach is to let go of the question for awhile and do something fun. So Martin does, and one thing he tries is making paths in the frost with his feet. What does your yard look like in the late fall? Is there frost? Snow? Is it covered in leaves or early morning dew? Here are different patterns you can make in your yard with your feet, or some string or maybe even a piece of chalk!